

Sun. 23 June	Monday 24 June	Tuesday 25 June	Wedn. 26 June	Thursday 27 June	Friday 28 June	Sat. 29 June
SNLA 2024 NORWAY	Movement (walk or a morning bath in the sea)	Movement (Yoga)	Mindfulness	Movement (walk or a morning bath in the sea)	Movement (yoga)	
Programme	08:15-08:50 Breakfast	08:15-08:50 Breakfast	08:15-08:50 Breakfast	08:15-08:50 Breakfast	08:15-08:50 Breakfast	07:30-08:30 Breakfast
Arrival Day. Flights Trondheim – Sandnessjøen at wideroe.no From Trondheim 17:15 – 18:10 OR From Bodø 14:50-15:30	09:00-10:30 Welcome. Introduction to the program, content, and goals. Ground rules. Talking partners. Present your partner. Breaking the Ice. My Dream. Karin D. Pettersen (NO) and Linda Schang (SW)	9:00-10:30 A global voice for women. Ulla Madsen (DK)	09:00-10 Meditation Ida Gormsen (DK) <hr/> 10:00 -11:00 Sustainable societies and food security. Vibeke Lund and Shelemia Nyamuryekung'e, scientists at NIBIO Tjøtta	09:00 Intercultural communication. Yael Tågerud (SW)	09:00- 1030 Role model. Project management Kirsten Skaare (NO)	Departure day. Flight with Widerøe from Sandnessjøen Airport to Trondheim at 10:45 To Bodø: 13:55
	Break 10:30-11:00	Break 10:30-11:00	Break 11:00	Break 10:30-11:00	Break 10:30-11:00	
	11:00-12:30 Gender equality – still 300 years away? The responsibility of a leader. Anne-Mette Øvrum (NO)	11:00-12:30 Presentation Techniques Karin Dahlberg Pettersen (NO)	11:40 Departure time for ferry to Vega (1 hour). Bus tour, visit and guided tour at the UNESCO World Heritage Centre (2 hours) + meal	11:00-11:45 Intercultural communication (Cont.) Yael Tågerud (SW)	11:00- 11:30 Teams' final preparations Linda Schang (SW)	
	Lunch 12:30-13:30	Lunch 12:30-13:30		11:45-12:30 My Dream presentations. Participants, group 1 Linda Schang (SW)	11:30 – 12:30: Debate Linda Schang (SW)	
	13:30-15:00 a) What is Leadership, with interactions and discussions. Anne-	13:30-15:00 Belbin profiles, establishing Consultancy teams (30 mins)		Lunch 12:30-13:30	13:30-14:00 Role Model (30 min). Loveleen Brenna (NO)	

	Mette Øvrum (NO) b) Suppression languages/techniques. Anne-Mette Øvrum (NO)	Linda Schang (SW) Preparing for Consultancy (30 mins.) Preparing for My dream (30 mins.)		14:00-15:00 Diversity Management Loveleen Brenna (NO)		
	Break 15:00-15:15	Break 15:00-15:15		Break 15:00-15:15	Break 15:00-15:15	
	15:15-17:00 Body Language. Trude Jæktvik (NO)	15:15-16:00 Mentoring. The wall of mentors. Ulla Madsen (DK)		15:15-16:30 Norwegian Soroptimist projects. Grethe Sørensen and Karin D. Pettersen (NO)	15:15-16:00 Consultant teams "Soroptimists should..."	
		16:00-17:00 Conflict Handling. Annemari Vanhaviitakoski (FI).		16:30-17:15 Communicative Transformational Leadership. (Linda Schang (SW)	16:00-16:20 The Mayor of Alstad Municipality 16:20 – 17:15 Closing session and certificates	
	17:00-17:15 Present and establish <i>Walk the Talk</i> . Linda Schang (SW)	17:00-18:00 Economy Carolien Demey (Belgium. Past-president Soroptimist International Europe)		17:15-18:30 Preparing for debate (Popper Method). Linda Schang (SW)	17:15-17:45 Why do we need soroptimists? Greetings from Soroptimist International Europe. President Hafþís Karlsdóttir, Iceland Online session	
	17:15-18:00 Reflection exercise. Linda Schang (SW)					
	18:00-19:00 Walk the talk	Historical walk on the island of Tjøtta, guide and entertainment OR Walk the talk	18:00 Ferry departure from Vega (1 hour)			

19:30 Celebrating St. John's Eve (midsummer night)	19:30 Dinner	19:30 Dinner	19:30 Dinner	19:30 Dinner	19:30 Farewell Dinner	
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